



**Detailed Program**  
December, 22, 2019

**Russian Championship, Kolomna**  
**December, 19-22, 2019**  
**Short track speed skating**

<u>Time</u>	<u>Category</u>	<u>Distance</u>	<u>Round</u>	<u>Races</u>	<u>Qual.</u>
<b>9:00</b>			<b>Judges Meeting</b>		
9:20			<b>Ice Resurface (full)</b>		
9:40	Ladies		Warming Up (RF)		
9:50	Men		Warming Up (RF)		
10:00			<b>Ice Resurface (full)</b>		
10:20	Ladies	1000	Ranking Finals	3	
10:32	Men	1000	Ranking Finals	3	
10:44	<b>Break</b>		<b>Ice Resurface (track)</b>		
11:20	Ladies		Warming Up (Main)		
11:30	Men		Warming Up (Main)		
11:40			<b>Ice Resurface (full)</b>		
<b>12:00</b>		<b>Presentation</b>			
12:03	Ladies	1000	Quarterfinals	4	2+(2)
12:19	Men	1000	Quarterfinals	4	2+(2)
12:35			<b>Ice Resurface (track)</b>		
12:50	Ladies	1000	Semifinals	2	2+(1)
12:58	Men	1000	Semifinals	2	2+(1)
13:06			<b>Ice Resurface (track)</b>		
13:21	Ladies	1000	Finals B, A	2	
13:31	Men	1000	Finals B, A	2	
13:41			<b>Ice Resurface (full)</b>		
14:01	Ladies	3000	Super Final	1	
14:09	Men	3000	Super Final	1	
14:17	<b>Break</b>			1	
14:29	<b>Medal ceremonies on the podium (overall and mixed relay)</b>				
14:49	<b>End of the Day</b>				

Referee

Alexandro Mauri